

"Thanks to Dr. Menon, I got my life back!"

- Paula Drybread

Paula Drybread, a Chanute resident born and raised in Kansas, suffered a number of health issues that left her feeling hopeless and helpless. In 2020, Drybread underwent three surgeries, one to remove a lump from her throat, a hysterectomy for cancer, and a gallbladder operation. She then experienced severe hip pain and was told by doctors to lose weight before any procedure could be done.

Despite making significant strides in weight loss and visiting multiple doctors, Drybread was repeatedly told she needed to lose even more weight. Feeling defeated and maxed out on pain medication, she was on the brink of giving up until a co-worker suggested Dr. Menon at Coffeyville Regional Medical Center.

After visiting Dr. Menon, Drybread's life changed forever. He listened to her story and her struggles and said, "I'll do it for you." Drybread's life-changing surgery was a success, and with the help of therapy, she was able to regain mobility she had lost over the two years prior. "Before the surgery, I had no life other than my wheelchair. After the surgery, I did my therapy. I had to do therapy a little bit longer because I was immobile for two years. But now, I don't even need a cane or a wheelchair," Drybread said. "No walker, no wheelchair, no nothing."

Drybread's life has improved significantly since the surgery. She's now able to take flights of stairs and even attended a concert where she walked down three flights of stairs and back up again. She's planning on taking up swimming, one of her favorite activities that she couldn't participate in before because she couldn't walk down to the beach. Drybread also had high praise for the staff and nurses at CRMC, who treated her with kindness and respect. "Everyone from Dr. Menon's staff, to the nurses and even during my physical therapy and joint camp. Everyone was amazing!"

Drybread's message to others in a similar situation is clear: "Don't wait. Call Dr. Menon today. He will help. Thank you to CRMC and especially to Dr. Menon for saving me and giving me my life back."



Coffeyville Regional Medical Center offers **orthopedic services** to maintain and restore active, healthy lifestyles. Offering a spectrum of services from physical therapy to surgery and rehabilitation, our skilled physicians and therapists want to reduce pain and improve mobility.
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